# pediatrics Northwest PS Mary Bridge Childrens

## FOR AGES 4 to 11 years

Follow-Up

Date: Patient

#### How have the patient's symptoms been since the last visit?

### 1. New Problems Since Last Visit:

	Hospitalizations:	Yes	or	No
	• ER Visits	Yes	or	No
	• Surgeries:	Yes	or	No
	Other Consults:	Yes	or	No
	• Urgent visits for allergy/breathing dif	ficulty Yes	or	No
	Courses of oral corticosteroid:	Yes	or	No
	• Exercise difficulty	Yes	or	No
	New Medications	Yes	or	No
	• Visits to PCP or other providers	Yes	or	No
	Food reactions	Yes	or	No
2.	Current Status			
	• Exercise cough/difficulty	Yes	or	No
	Morning cough	Yes	or	No
	• Night-time cough or wheeze	Yes	or	No
	• Bronchodilator usage, how often	·····		
	Nasal symptoms	Yes	or	No
	Skin Symptoms	Yes	or	No
	Ocular Symptoms	Yes	or	No

### 3. ENVIRONMENTAL HISTORY (UPDATED): Please list any changes.

# 4. PAST MEDICAL AND FAMILY HISTORY (UPDATES): Please list any changes OR new medical diagnoses.

## Childhood Asthma Control Test for children 4 to 11 years old. Know the score.

This test will provide a score that may help your doctor determine if your child's asthma treatment plan is working or if it might be time for a change.

#### How to take the Childhood Asthma Control Test

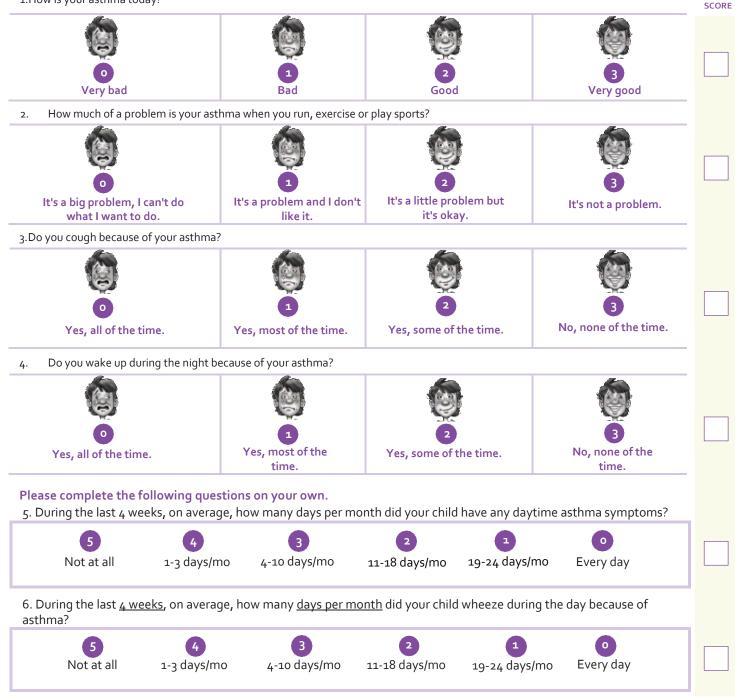
- Step 1 Let your child respond to the first four questions (1 to 4). If your child needs help reading or understanding the question, you may help, but let your child select the response. Complete the remaining three questions (5 to 7) on your own and without letting your child's response influence your answers. There are no right or wrong answers.
- Step 2 Write the number of each answer in the score box provided.
- Step 3 Add up each score box for the total.
- Step 4 Take the test to the doctor to talk about your child's total score.

#### Have your child complete these questions.

1. How is your asthma today?



If your child's score is 19 or less, it may be a sign that your child's asthma is not controlled as well as it could be. No matter what the score, bring this test to your doctor to talk about your child's results.



7. During the last <u>4 weeks</u>, on average, how many <u>days per month</u> did your child wake up during the night because of asthma?

5 Not at all	<b>4</b> 1-3 days/mo	<b>3</b> 4-10 days/mo	2 11-18 days/mo	1 19-24 days/mo	o Every day	
						TOTAL

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