

1 MONTH OLD

NAME _____
DATE _____



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MEDICAL HISTORY

Has your child had any reactions to medications or immunizations?
Does your child take any medications (daily or as needed)?
Are there any major illnesses in the family? Which ones? _____
Are there any major changes or stresses in the family (moves, deaths, separation, etc)?
Does the child's main caretaker plan to return to work or school? If yes, when? _____
Is your child in day care?
Has your child ever been diagnosed with an immunodeficiency?
Has your child had any illnesses, hospitalizations, or surgeries that we are not already aware of?

NUTRITION

Is your baby breastfed?
Is your baby taking any vitamins?
Does your baby take a bottle?
Are you offering anything else to your baby? (water, juice, baby foods, infant cereal, etc)

PREVENTIVE HEALTH

Does your baby always sleep on his/her back?
Does your child always ride in a car seat and in the backseat?
Are there smoke alarms, fire extinguishers and carbon monoxide alarms in your home?
..... Have those alarms been checked in the past 12 months?
Does your child live with anyone who smokes?

REVIEW OF SYSTEMS (Does your child have any current problems with the following?)

eyes (crossing, not focusing, drainage, inflammation, etc)
swallowing or eating
coughing, breathing, shortness of breath, wheezing, turning blue, or nasal congestion
vomiting
stooling (diarrhea, constipation, or blood in the stools). How often does your child stool? _____
urination (change in frequency, or blood in the urine). How many wet diapers per day? _____
extremities (feet, legs, arms, hands)
persistent crying

DEVELOPMENT (please check the things that your child is currently doing)

Gross motor	moves arms & legs equally	lifts head	lifts chest
Fine motor	responds to seeing a face	look and follow with eyes	
Social	settles when fed or comforted	responds to parents voice	
Language	startles to sound	turns to noise	

CONCERNS

Do you have any special concerns today?